

Prudent Endodontics

Dr. Rinku Parmar, D.M.D.

Pre-Treatment Instructions

Thank you for contacting our office, and welcome to our practice. We encourage you to visit our website at www.prudentendodontics.com, as it contains information you may find helpful.

Please follow these guidelines in preparation for your visit:

- 1.) Eat breakfast or lunch before your appointment to ensure a normal blood glucose level.
- 2.) Take your routine medications for all health conditions, including aspirin therapy, if applicable. However, do not take medication for discomfort (i.e., ibuprofen, Advil, Motrin, Aleve, etc.) prior to the first visit because it may mask symptoms and hinder diagnosis.
- 3.) If you require prophylactic antibiotics before dental visits for a prosthetic heart valve or orthopedic prosthesis (artificial hip, knee, elbow, etc.), please call our office for instructions. If you've already discussed this with us, you do not need to call again.
- 4.) Occasionally, last minute emergency patients can delay our schedule, so please allow a little extra time for your appointment. We value your time and will try to keep you updated when delays occur.
- 5.) All patients under the age of 18 must be accompanied on each visit by their parent or legal guardian.

We look forward to being of service to you. If you have any questions, please don't hesitate to call us at 302-475-3404 or e-mail prudentendodontics@gmail.com